

Middle Fork Farm
2025 Native Plant List and Cultural Guide

FORBS/FLOWERS	For Home	Light Conditions			Soil Moisture					Bloom Time						Height	Spacing	Notes
Common Name	Landscape?	Sun	Part	Shade	Wet	Med Wet	Med	Med Dry	Dry	May	June	July	August	Sept	Oct	Inches	Inches	
Anise Hyssop	X	X	X				X	X			X	X	X	X		36	12-16	Aromatic
Black-Eyed Susan	X	X	X			X	X	X			X	X	X	X	X	24	10-12	Biennial
Blue Sage	X	X	X				X	X	X				X	X	X	36	18-24	Not native in Olmsted County
Blue Vervain		X	X		X	X	X					X	X	X		60	18-24	
Blue Wild Indigo	X	X	X			X	X			X	X	X				48	24-36	Legume
Butterfly Weed	X	X	X				X	X	X		X	X	X			24	12-26	
Common Ironweed	X	X	X			X	X					X	X	X		72	24-36	
Common Milkweed		X	X		X	X	X	X			X	X	X			36	24-36	
Early Sunflower	X	X	X			X	X	X			X	X	X	X		60	18-36	
False Boneset		X	X					X	X				X	X		36	18-36	
Foxglove Beardtongue	X	X	X				X	X			X	X				48	12-18	Not native in Olmsted County
Great Blue Lobelia	X	X	X		X	X	X					X	X	X	X	36	12-18	
Hairy Wood Mint			X	X		X	X	X			X	X	X	X		36	10-18	
Hoary Vervain	X	X	X					X	X		X	X	X	X		24	10-12	
Joe Pye Weed		X	X		X	X						X	X	X		60	36-48	Readily spreads; potentially aggressive in small spaces
Lance-leaf coreopsis	X	X						X	X	X	X	X	X			24	10-16	Rhizomatous
Meadow Blazing Star	X	X	X			X	X	X	X				X	X		60	12-24	
Obedient Plant		X	X		X	X	X						X	X		48	12-24	Rhizomatous; potentially aggressive in small spaces
Pale Purple Coneflower	X	X	X				X	X	X		X	X				36	10-18	Eventually forms large clumps
Pearly Everlasting		X	X					X	X		X	X	X	X		24	12-36	Will regrow if heavily fed on by American Lady caterpillars
Royal Catchfly	X	X	X				X	X				X	X			48	12-24	Not native to MN
Showy Tick Trefoil	X	X				X	X	X				X	X			60	12	Legume
Sky Blue Aster	X	X	X				X	X	X				X	X	X	36	12-24	
Smooth Blue Aster	X	X	X			X	X	X					X	X	X	48	18-24	
Sneezeweed	X	X	X		X	X							X	X	X	48	18-24	
Spotted Bee Balm	X	X	X					X	X			X	X	X		24	8-12	
Stiff Goldenrod		X	X			X	X	X	X				X	X	X	48	12-24	Remove blooms to prevent prolific seeding in small spaces
Swamp Milkweed	X	X	X		X	X	X				X	X	X			48	18-36	
Sweet Black-Eyed Susan	X	X	X			X	X	X					X	X	X	60	24-36	
Tall Bellflower	X		X	X		X	X	X				X	X	X	X	60	18-24	
Virgin's Bower			X	X		X	X					X	X	X		120	36-48	
Wild Bergamot	X	X	X			X	X	X	X			X	X	X		48	24-36	
Wild Petunia	X	X					X	X	X		X	X	X			12	12-18	
Yellow Coneflower	X	X	X				X	X				X	X	X		60	18-24	
Zig Zag Goldenrod			X	X		X	X	X					X	X	X	36	12-24	Rhizomatous; potentially aggressive in small spaces

Middle Fork Farm

2025 Native Plant List and Cultural Guide

GRASSES	For Home	Light Conditions			Soil Moisture					Bloom Time						Height	Spacing	Notes
Common Name	Landscape?	Sun	Part	Shade	Wet	Med Wet	Med	Med Dry	Dry	May	June	July	August	Sept	Oct	Inches	Inches	
Blue Grama	X	X	X					X	X			X	X	X		12	12-14	Warm season
Bottlebrush Grass			X	X			X	X			X	X	X			36	12-18	Cool season
Canada Wild Rye	X	X	X			X	X	X	X			X	X	X	X	60	24-36	Cool season
June Grass	X	X						X	X		X	X				24	10-12	Cool season; prefers sandy soils
Prairie Dropseed	X	X	X			X	X	X	X				X	X	X	24	24-36	Warm season
Purple love grass	X	X	X						X			X	X			24	12-24	Warm season
Silky wild rye	X		X	X		X	X	X			X	X	X			36	12-24	Cool season